

Organising Team



Max Schupbach, Ph.D. teaches half of the year in Portland, Oregon, at the Process Work Institute, which he co-founded. The remaining six months he travels world-wide, teaching and facilitating community development and organisational excellence. His client base includes mental health systems and mental health professionals from all continents. He is the founder of the Lava Rock Clinic Network, which he now co-leads with his partner Dr. Ellen Schupbach and Drs. Amy and Arny Mindell. In the Lava Rock Clinic, Process Work, Western Medicine, Naturopathic Medicine, and the healing power of the community are integrated in a holistic model for working with people afflicted with illness.



Ellen Schupbach, Ph.D. has a diploma in Process Work, and works in private practice as a therapist for half the year. The other half of the year, she travels with her partner Max teaching Process Work worldwide. She wrote her dissertation on the spiritual experience of the facilitator/therapist. Ellen co-leads the Lava Rock Clinic Network. She is currently developing a large scale programme for the treatment of veterans returning from war.



Rosemary Shinkwin, MB, MRCPsych is consultant psychiatrist in the Midleton and Youghal area since 2004 and is a student at the Process Work Institute, Portland, Oregon. She has previously worked in the UK and New Zealand. Her interest is in providing an integrated biological, psychological, social, family and spiritual approach to mental health issues. She has attended and co-organised Process Work oriented Community Mental Health Forums whilst working in the UK.



Declan Cronin, Community Mental Health Nurse, BSc Nursing Studies, H. Dip M.H. Nursing, is a co-organiser of 'Working Together'. He looks forward to forging strong links with clients and carers to enhance mental health care in our area.



Fergus McCormack, Territory Manager, Lundbeck Ireland. Lundbeck is a Danish company based in Copenhagen. In 1995 Lundbeck announced the formation of an Irish Subsidiary and is a research-based company. They engage in research to find new drugs for treatment of CNS disorders, including depression, schizophrenia, Alzheimer's disease and Parkinson's disease.



Jane Creedon qualified as a Psychiatric Nurse in 1982 and as a General Nurse in 1997. She also holds a Certificate in Social Studies, a BSc and a Higher Diploma in Mental Health Nursing. She currently works as a Community Mental Health Nurse in the Cobh/Glenville area. Jane has a particular interest in working in an em-powering, collaborative manner with her clients and views this conference as a step in promoting such an approach.

Thank you



Community Building & Mental Health Dialogue

For Clients, Families and Friends, and the Community Mental Health Team



Monday, November 13th, 2006

Midleton Park Hotel, Midleton, Co. Cork

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Working
Together
as a
Community

Registration: 09:30 hrs.

Morning Session: 10:00 – 13:00 hrs.

The morning's community building process will bring forth insights and viewpoints, and will present a wider perspective on available resources.

We are inviting clients of the East Cork Mental Health Service to bring along up to two members of their families or friends, to meet with the local community mental health teams to dialogue and learn from one another about how we can work together. In recent times, we have come to understand better the value of collaboration between clients, families, mental health teams, and the community as a whole, and how much it adds to a stable mental health system.

“ **In co-creating this community, we all can learn from each other; each of us has something to teach.**”

This event will be facilitated by Drs. Max and Ellen Schupbach, who have led open forums on topics of community collaboration worldwide. Clients that are interested should attend after consulting with a member of the community mental health team. The morning will include a large group discussion with everyone present and times for small group discussions. The goal of this morning is to get to know each others' viewpoints, enhance our relationships, and improve our way of working together – this process might culminate in a list of suggestions for the future that everyone can help to implement.

Working
Together
with
Clients



Afternoon Session: 14:00 – 15:30 hrs.

The afternoon session will involve a smaller group, including community mental health team members and their clients only.

Max will interview some individual clients, and we will discover and understand together aspects of their experiences of their difficulties.

We will show how these difficulties are related to the topics that were discussed during the morning, and converse about if and how these insights can be integrated into the overall process of well-being for the client.

Community building and mental health dialogue for clients, families and friends, and the community mental health team.

Registration Form

Name: _____

Address: _____

Tel: _____

I have consulted with Community Health Team Member: _____

I am planning to attend:

Morning Session

Afternoon Session

I am planning bring along the following guests to the morning session:

Name: _____

Name: _____

Registration Contacts

Declan Cronin

Owenacurra Day Centre
Midleton Community Hospital
Midleton, Co Cork
Tel: 021-4635346

Val Young

Shli Nua
Cobh Day Centre
Bishop Aherne Close
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Tel: 021-4812030